

RECIPE NAME: Crustless Quiche

RECIPE DESCRIPTION: Egg, cheese and vegetable bake

ACTIVE TIME: 10 minutes

TOTAL TIME: 45 minutes

SERVINGS: 10

bon COOK PRODUCTS USED:

Flexipan® Sunflower Mold, Medium Perforated Baking Sheet, Santoku Chef Knife, Whisk

INGREDIENTS:

- 8 eggs, beaten
- $\frac{3}{4}$ cups Cottage Cheese
- 1 $\frac{1}{2}$ cups Mozzarella Cheese
- 2 cups Baby Leaf Spinach
- 1 cup Asparagus, chopped
- 1 whole Tomato, diced

DIRECTIONS:

1. Preheat oven to 375 degrees F and place oven rack in center position
2. Place Mold on Baking Sheet and set aside
3. In Mixing Bowl, combine all ingredients and pour into Mold
4. Bake for 35 minutes or until center is set